

Good To Go

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MUSIC: "Good To Go" Good to Go by LÖNIS & Daphne Willis
SOURCE: Itunes or Amazon download
RHYTHM: TWO STEP
PHASE (+): II

PHONE: +81-90-8079-6201

TOTAL TIME: 2:46

DIFFICULTY: Average

SPEED: 90% (the length will be 3:04 at this speed)

FOOTWORK: Opposite unless indicated (*W: Woman's footwork in italics*)

SEQUENCE: Intro A B A B C A(1-12) mod B Ending

INTRODUCTION

1 - 8 WAIT 4 MEASURES:::: STRUT WALK 2: FORWARD TWO STEP: STRUT WALK 2: FORWARD TWO STEP:

- 1-4 OP pos fc LOD wait 4meas;;;;
5 -8 {strut wlk 2} fwd L, -, fwd R, -; {fwd two-stp} fwd L, cl R, fwd L, -;
{strut wlk 2} fwd R, -, fwd L, -; {fwd two-stp} fwd R, cl L, fwd R, -;

9 - 16 CIRCLE AWAY 2 TWO STEPS::STRUT TOGETHER 4:: SLOW VINE 2: FACE TO FACE: SLOW VINE 2: BACK TO BACK:

- 9 - 10 {circ awy 2 two stps} curves LF twd COH fwd L, cl R, fwd L, - (*W curves RF twd Wall fwd R, cl L, fwd R, -*);
conttwd COHfwd R, cl L, fwd R, - (*W conttwd Wallfwd L, cl R, fwd L, -*) to fcgptr;
11-12 {strut tog 4} fwd L, -, fwd R, -; fwd L, -, fwd R, - to Bfly Wall;
13-14 {slow vin 2; fc to fc} sd L, -, XRib, -; sd L, cl R, sd Ltrng 1/2 LF to Back to Backpos, -;
15-16 {slow vin 2; bk to bk} sd R, -, XLib, -; sd R, cl L, sd R trng 1/2 RF to Bfly, -;

Part A

1 - 8 LACE ACROSS: FORWARD TWO STEP: HITCH 6::LACE BACK: FORWARD TWO STEP(BFLY/WALL): QUICK VINE 8:(SCP/LOD):

- 1 -2 {lc acrs} passing bhd W w/l d hnd jnd mvgdiagacrs LOD fwd L, cl R, fwd L, - (*W passing in frt of M undr jnd ld hnds & mvgdiagacrs LOD fwd R, cl L, fwd R, -*) to LOP LOD;
{fwd two stp} fwd R, cl L, fwd R, -;
3 - 4 {hitch 6} fwd L, cl R, bk L, -; bk R, cl L, fwd R, -;
5-6 {lc bk} passing bhd W w/trail hnd jnd mvgdiagacrs LOD fwd L, cl R, fwd L, - (*W passing in frt of M undr jnd trail hnds & mvgdiagacrs LOD fwd R, cl L, fwd R, -*) to OP LOD;
{fwd two stp} fwd R, cl L, fwd R, - to Bfly Wall;
7 - 8 {Q vin 8} sd L, XRib, sd L, XRif; sd L, XRib, sd L, XRif to SCP;

9 - 16 2 FORWARD TWO STEPS:: HITCH 4: WALK 2: CIRCLE AWAY & TOGETHER: (to BFLY WALL): QUICK VINE 4: WALK & PICK UP:

- 9 - 10 {2 fwd two-stps} fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
11-12 {htch 4} fwd L, cl R, bk L, cl R; {wlk 2} fwd L, -, fwd R, -;
13-14 {circ awy& tog} separating frmpttr and mvgawy in a circular pattern fwd L, cl R, fwd L, -; contcircular pattern twdptr fwd R, cl L, fwd R to Bfly Wall, -;
15-16 {Q vin 4} sd L, XRib, sd L, XRif;
{wlk & pkup} fwd L, -, fwd R, - to CP LOD (*W fwd R, -, fwd L stp in frnt of M trng LF to CP, -*);

Part B

1 - 8 PROGRESSIVE SCISSORS 2X::HITCH 3: HITCH/SCISSORS(CP/WALL): 2 TURNING TWO STEPS: (fc WALL): SLOW TWISTY VINE 4: (NO HANDS):

- 1 -2 {prog scis 2X} sdL, with slight R bdy rotation cl R, XLif, -; sd R, with slight L bdy rotation cl L, XRif to BJO, -;
3 - 4 {hitch 3} fwd L, cl R, bk L, -; {hitch/scis} bk R, cl L, fwd R, - to CP Wall (*W sd L, cl R, XLif, -*);
5 - 8 {2 trng two-stps} sd L, cl R comm RF trn, sd & bk L comp 1/2 RF trn, -; sd R, cl L comm RF trn, fwd R comp 1/2 RF trn, - fc Wall; {S twsty vin 4} sd L, -, XRib, -; sd L, -, XRif, - (*W sd R, -, XLif, -; sd R, -, XLib, -*)fcg no hnds;

9 - 16 SOLO L TURNING BOX:::TRAVELING DOOR 2X:::

- 9 - 12 {solo L trng box} sd L, cl R, fwd L trn 1/4 LF, - [ptrs are now R shld to R shld]; sd R, cl L, bk R trn 1/4 LF, - [ptrs are now bk to bk]; sd L, cl R, fwd L trn 1/4 LF, - [ptrs are now L shld to L shld]; sd R, cl L, bk R trng 1/4 LF, - [ptrs are now fcg](W sd R, cl L, bk R trn 1/4 LF, - ; sd L, cl R, fwd L trn 1/4 LF, - ; sd R, cl L, bk R trn 1/4 LF, - ; sd L, cl R, fwd L trn 1/4 LF, -) to Bfly Wall;
- 13-16 {trav dr 2X}sd L, -, rec R, -; XLif, sd R, XLif, -; sd R, -, rec L, -; XRif, sd L, XRif, -;

REPEAT Part A**REPEAT Part B****Part C****1 - 8 (CP)BROKEN BOX::: TWIRL VINE 2: WALK 2: SLOW OPEN VINE 4::**

- 1 - 4 {brkn box} sd L, cl R, fwd L, -; rk fwd R, -, rec L, -; sd R, cl L, bk R, -; rk bk L, -, rec R, -;
- 5- 6 {twrl vin 2} rel trail hnd M's L and W's R hnd jnd sd& fwd L to fc LOD, -, XRib, - (W sd & fwdR trng 1/2 RF undr jnd hnds, -, sd& bk L trng 1/2 RF, -; {wlk 2} fwd L, -; fwd R, - to Bfly Wall;
- 7-8 {op vin 4 }sd L, -, XRib (W XLif) to LOP RLOD, -; trng to fc sd L, -, XRif, - to Bfly (W XLif);

1 - 11 Part A(1-12)Mod

- 1-11 Repeat from meas 1 to 11 of Part A

12 WALK & PICK UP:**REPEAT Part B****ENDING****1 - 8 CIRCLE AWAY 2 TWO STEPS::STRUT TOGETHER 4:: CIRCLE BOX:: SIDE CLOSE APART &POINT::**

- 1 - 4 Repeat from meas 9 to 12 of Intro
- 5 - 6 {circ box} rel trail hnd sd L, cl R, fwd L, -; sdR, cl L, bk R, - to BflyWall(W mvgawyfrmptr with a RF circular pattern fwd trn R, cl L, fwd trn R, -; cont circular pattern twdptr fwd trn L, cl R, fw trn L, -);
- 7 - 8 {sd cl apt & pt} sd L, cl R, apt L, -; pt R, -, -, -;



MUSIC PREVIEW: [Good To Go](#)

GOOD TO GO (HEAD CUES)

Rhythm: Two Step II

Sequence: Intro A B A B C A(1-12) mod B Ending

Intro:

OP pos fc LOD wait 4 meas ; ; ;
 strut wlk 2 ; fwd two stp ; strut wlk 2 ; fwd two stp ;
 circ awy 2 two stps ; ; strut tog4 ; to Bfly ;
 slow vin 2 ; fc to fc ; slow vin 2 ; bk to bk to Bfly ;

Part A:

lc acrs ; fwd two stp ; hitch 6 ; ;
 lc bk ; fwd two stp to Bfly ; Q vin 8 ; to SCP ;
 2 fwd two stps ; ; htch4 ; wlk 2 ;
 circ awy&tog ; to Bfly ; vin 4 ; wlk &pkup ;

Part B:

prog scis 2X ; to BJO ; hitch 3 ; hitch scis to CP W ;
 2 trng two stps ; ; S twsty vin 4 to fcg no hnds ; ;
 solo L trng box ; ; to Bfly ;
 trav dr 2X ; ; ;

Part A:

lc acrs ; fwd two stp ; hitch 6 ; ;

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lc bk ; fwd two stp to Bfly ; Q vin 8 ; to SCP ;
2 fwd two stps ; ; htch4 ; wlk 2 ;
circ awy&tog ; to Bfly ; vin 4 ; wlk &pkup ;

Part B:

prog scis 2X ; to BJO ; hitch 3 ; hitch scis to CP W ;
2 trng two stps ; ; S twsty vin 4 to fcg no hnds ; ;
solo L trng box ; ; ; to Bfly ;
trav dr 2X ; ; ; to Closed W ;

Part C:

brknbox ; ; ;
twrl vin 2 ; wlk 2 to Bfly ; Slow op vin 4 ; ;

Part A (1-12)MOD:

lc acrs ; fwd two stp ; hitch 6 ; ;
lc bk ; fwd two stp to Bfly ; Q vin 8 ; to SCP ;
2 fwd two stps ; ; htch4 ; wlk &pkup ;

Part B:

prog scis 2X ; to BJO ; hitch 3 ; hitch scis to CP W ;
2 trng two stps ; ; S twsty vin 4 to fcg no hnds ; ;
solo L trng box ; ; ; to Bfly ;
trav dr 2X ; ; ;

Ending:

circ awy 2 two stps ; ; strut tog4 ; to Bfly ;
circ box ; to Bfly ;sd cl apt &pt ; ;