

Presidents' Letter – Steve and Janet Pitts

We had a wonderful dance-filled **Autumn Glow 2019 Gala** in Pueblo. Our final count was 110 persons attending the Gala. This is despite the fact we had 16 persons rollover their registration to 2020. We had a good number of walk-ins and first-time attendees. Thank You Margie and Jim Garcia for being our Registrars! Janet and I would like to thank all the volunteers and cuers who stepped up to make the Gala possible.

Please consider attending our 2020 Gala, being held at CSU Pueblo, October 2nd and 3rd. The theme for the 2020 Gala is “**The Roaring Twenties.**” Contact Melanie or Chuck Thompson, 303-277-0399, melaniechuck@comcast.net for details or to SIGN UP. Our featured Guest Instructors will be Randy & Marie Preskitt and Bob & Sally Nolen.

The **November Fun Dance** will feature John & Karen Herr and Dave Smith cueing.

Note: John & Karen will do a clinic for the first half hour followed by two hours of dancing.

We are soliciting input regarding future Fun Dances. If you haven't done so already, please take a few minutes to fill out the on-line Fun Dance survey at: <https://www.surveymonkey.com/r/STRJLRK> (This link is also on the www.crdanet.net home page in the big pink box, first paragraph.)

A BIG Thank You to Gary and Charlotte Baxter and Jim and Margie Garcia for their service to CRDA as board members. The Baxters and the Garcias are rotating off the board this year.



Justin Del Sol has stepped down from the board due to health issues. His replacement will be Larylee Hitchens. Thanks to Larylee for being available to serve for Justin's remaining year.

The board members selected at the Annual General Meeting (AGM) are Mitchell and Chelsea Thompson, Frankie Travis and Ken Matuska, and Chuck and Melanie Thompson.

Mark your calendars for the **Mid-Winter's Dream** dance coming up on Sunday, January 26th, 2020. This will be an intermediate level dance from 1:30 – 9:00 p.m. at the Avalon Ballroom in Boulder which will feature teaches in the afternoon and an evening dance.

The **Spring Celebration Dance** (beginner-newer dancer) will follow on Sunday, April 26th, 2020, to welcome all the new Round Dancers to our activity. Based on the great attendance we had in 2019 and the input we received, this dance will also include lower level teaches and an evening dance this year. Invite all your square dancing and new Round Dancing friends to join you for this event specially designed for them.



CRDA Board Members 2019

boardmembers@crda.net

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**term-ending years in parentheses*

COMMITTEE MEMBERS AND CONTACTS

Membership:	Ron Blewitt ronblewitt@gmail.com 303-741-4961
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Spring Dance 2020:	Becky & Dave Evans
Mid-Winter's Dream '20	Earl & Judy Smith
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Gala 2020:	Melanie and Chuck Thompson melaniechuck@comcast.net 303-277-0399
Cuer Selection:	Steve and Janet Pitts, Jim and Sharon Peyrouse John and Karen Herr
Web Page:	Harold Sears harold@rounddancing.net
Facebook:	Fred Layberger laybergerf@aol.com 719-268-1233 Patrick and Eileen Krause krause.p@comcast.net 303-690-0916

Committee



Dances from Around Colorado (CRDA members' input)

Blue Nova Dance (Denver Area) Dave Smith & Kathi Gallagher

We are dancing Monday nights for the beginning classes. Tuesday nights are Level II/III weekly Round Dance. We dance at Glenn's Den using the outside stairs to the basement entrance. Contact Dave or Kathi for questions (BlueNovaDanceLessons@gmail.com)

Round Up (Denver Area) Justin Judd del Sol

We are doing some Level III and III+ at Pikes Peak Grange in Franktown on Mondays. On Sunday afternoons you will be able to do some III/IV in Colorado Springs at the IDC. And starting on November 5th, beginning Cha Cha at the Beacon's Point in Aurora will begin. Contact Justin at shoencue@live.com for more info.

Castle Dancers (Denver Area) Roy & Marcia Knight

We enjoyed a light supper of sandwiches and soup and a delightful dessert, then went to a fun evening of dancing!

Candlelight (Goss) WZ V
Similau (Collins) RB III+2

Your Personal Penguin (Herr) JV III+2

Dancing Penguins (Denver Area) John & Karen Herr

Can you believe it's almost winter? We had taste of winter and that was enough for me! The holidays are just around the corner. We're back dancing and it's almost normal. Sure hope we see you on the dance floor on Mondays for intermediate-advanced dancing, Tuesday for classes or Thursdays for easy-intermediate. And of course on Fridays for our Party Night of dancing!

Monday

- The Girl from Ipanema (Preskitt) FX V
- Samba Basics

Tuesday

- ABC Boogie (ROUNDALAB) JV III+1
- Little Deuce Coupe (Koozer) JV III+1

Thursday

- Any Dream Will Do (Pinks) FX III+1
- Foxtrot Basics
-

Telefeathers (Denver Area) Harold and Meredith Sears

Earl Smith sent in the information this month. Enjoy Florida, Harold & Meredith.

More info at www.rounddancing.net

All the Ways (Worlock WCS VI)
It's About Time (Shibata WCS VI)
Don't Bother Me Mosquito (Hurd MG V)
Ill Never Love Again (Hicks STS V)
New York, New York (Preskitt FX VI)
Como Dos Tontos (Goss BO V)
Be My Girl (Worlock MX V)
Groovy Foxtrot (Worlock FX V)
Minnie's You-Hoo (Woodruff Five Count IIIIt)
That's My Old Lady (Hilton JV III)

Better Place (Johnson RB V)
You Make Me Feel Like West Coast (Garza WCS V)
Anything Can Happen (Goss WZ VI)
Please Mr. Brown (Davis TG V)
Temptation (Thompson RB V)
Until Now (Finch FX IV)
Dialogues (Moore WZ IV)
No Walls, No Ceilings, No Floors (Schmidt WZ IV)
Chez Paris (Chadd JV IV)
Hey Baby, Be My Girl (Harris JV IV)

Sunshine and Shadows

Contact Jim and Margie Garcia at gar905@comcast.net if you know of someone who needs to receive a sympathy, get well, encouragement, or congratulations card.



Patrick Krause-illness and get well
Terri Sherwood-injury and get well
Betty Harris-surgery and get well
Bill Vanderminden-surgery and get well
Peggy Hutchinson-loss of spouse and sympathy
Pam King and Jim Steverson-wedding and congratulations
Harold Myers-loss of spouse and sympathy

Joy Kancir-surgery and get well
Judy Taylor-hip replacement surgery and get well
Lee Janssen-surgery and get well
Bill Vanderminden-thinking of you
Frankie Travis-loss of son and sympathy
Harold Van Hooser-surgery and get well

Colorado Round Dance Association Hall of Fame Nomination Form

Do you know someone who is or was a member of CRDA? Did they take that extra step and become involved in Galas, committees, the Board of Directors, or Cue? Did they make a difference in the sport of Round Dance, especially in Colorado? Did CRDA or Round Dancing grow or change because of them? If you can say "yes" to any of these questions, the CRDA Hall of Fame Committee is looking for them. Please take the time to fill out the Nomination Form so we can get them the recognition they deserve. Don't wait for someone else to nominate them. Do it today!

I/We nominate:

_____ to the CRDA Hall of Fame.

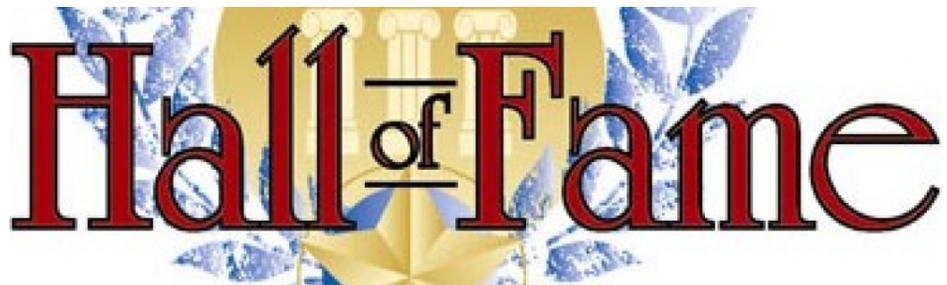
I/We believe they should be in the CRDA Hall of Fame because:

(include a short statement on a separate sheet of paper)

CRDA Member _____

Please send this nomination form via email or post to:

Jim and Margie Garcia gar905@comcast.net
905 Mesa Ct
Broomfield, CO 80020
303-469-4096



**Newest Inductee to CRDA Hall of Fame
Harold & Meredith Sears**



It's been five years since someone has been inducted into the CRDA Hall of Fame, but this year I have the pleasure of announcing that Harold and Meredith Sears have accepted the nomination and are our new Hall of Fame Members. They have made major contributions to the Round Dance movement here in Colorado and the nation. Harold and Meredith continue to be instrumental in many facets of the CRDA operations: cueing, teaching, web page maintenance, programming dance events, CRDA history, photographing dances, and consulting with other cuers and teachers. Read their bio for more information

Perhaps you can think of others who contribute to CRDA and are worthy of induction into the Hall of Fame. Let me know if you are interested in nominating someone for 2020.

Jim and Margie Garcia gar905@comcast.net 303-469-4096

Note from our Membership Chairman!

Welcome New Members

**Rick Wallace & Carolyn Mills of Los Alamos, NM
Phillip Ruth of Chelsea, OK
Terry Littleton & Sandy Smith of Centennial, CO**

*Time to encourage your friends to join CRDA!
Mail your check to Ron to guarantee continuous membership.
And it's that time of year again! RENEW your membership early and often!*

**Ron Blewitt, 172 Vance St, Lakewood, CO 80226
ronblewitt@gmail.com
or phone him at 303-741-4961. Thanks.**

2019 Gala Top Ten

**Level VI Cavatina (Barton VI WZ)
Level VI Havana (Goss VI CH)
Level V Forrest Gump (Moore V WZ)
Level V the Last Blues Song (Scherrer
V FT)
Level IV A Prayer (Herr IV WZ)
Level IV Fur Elise (Rumble IV WZ)**

**Level III Night Waves (Kenny III RB)
Level III When You Look (Herr III CH)
Level II Spinning Wheel Waltz (Juhala
II WZ)
Level II West Texas Waltz (Riggs II
WZ)**

Future Events by CRDA Members

November 28-December. 1, 2019	Square 'L' Weekend with Herr, Bower, Luttrell	Wagoner, OK
February 21-23, 2020	Mesa Magic with D & L Dodge and TJ & B Chadd	Mesa, AZ
March 15-23, 2020	Cruise down the Mississippi River on a Steam Paddle Ship with J & K Herr	
August 16-22, 2020	Fun Valley Week with Herr, Bower, Junck, Luttrell	South Fork, CO
September 04-05, 2020	Labor Day Dance with Steve and Lori Harris (see T. Sherwood)	Commerce City, CO
September 11-13, 2020	New Mexico Round Dance Festival with George & Pam Hurd	Albuquerque, NM

Ballroom Turns and Dizziness by Ian Crewe

Spinning on the ballroom are like drinks at the bar: one or two feel great, but too many and you might take a hard trip to the floor. Fortunately, there are ways you can cure your dance dizzies, or at least recover more quickly when they come upon you.

Dizziness on the dance floor is vertigo, or motion sickness. We all have small balls of fluid, located in our inner ear, which flow with every change of direction and give our body the sensation of movement. The trouble starts when we quickly stop after a turn. The fluid continues to slosh about for a while longer, creating that 'world spinning' sensation. So, how can we counter our body's natural reaction?

Spotting: The Dancer's Cure-All

One of the first things most dancers are taught about avoiding dizziness is how to spot. Spotting literally means to pick something in front of you before starting the turn, and quickly snap your head around as the turn completes (if you're neck hurts after doing this, you turned your head too quickly).

Here's how it works: Pick a spot at roughly eye level, like a picture, or your partner's tie. As the turn begins, leave your head behind, continuing to point your nose at the spot. When your body can't turn any further without unscrewing your head, snap the head around to refocus on the spot again. The fluid in your ears reacts to turn length, but less to turn speed. So, a fast head turn makes you less dizzy than a slow gradual one.

The Alternative: Building a Tolerance

Studies show dancers who practice turning frequently, gradually reduce their feelings of dizziness. Their brains are trained to ignore the signals coming from the inner ear and rely more on other senses to get them through without a crash. It's a less dramatic solution, but not every turn can be spotted, especially as you move into more advanced spins.

Other tricks which can reduce dizziness include:

- 1) Let your eyes blur until your return to forward. Focusing on objects traveling past you increase dizziness.
- 2) Avoid alcohol before dancing! If both can make you dizzy, imagine what happens if you pair them together.
- 3) Wear loose-fitting, breathable clothing. Being overheated, especially on a crowded floor, can create dizziness even without turning. Take a break every third dance to get some air.

For the Leader: Reducing Your Partner's Dizziness

I sometimes get a request from my follower to turn her less, especially if she's relatively new to dancing. How can a leader protect his partner from dizziness? The first way is to simply do as she asks. It's worthwhile to practice several patterns which don't involve much turning, especially in a faster dance like salsa.

The second is to include turns in both directions, and to alternate them when you dance. For instance, following up a ladies' broken left turn in salsa, with a right underarm turn. This method doesn't work for everyone however, so tone it down if she starts to sway or hang on to you.

A Roaring 20's Gala

October 2nd and 3rd, 2020 is looking to be a great weekend! Randy & Marie Preskitt and Bob & Sally Nolen will be our featured cuers! They will be bringing you some great dances to learn and we are positive the programmers will bring a fun-filled weekend of dancing! Sign up now for your early bird discount!

How Figures Got Their Names by Sandi and Dan Finch

The British are known for a wry sense of humor, so you can expect the names of figures in the English syllabus have a comical origin. Many were created by accident and got names which came to mind at the time. One example was from Sir Alex Moore, MBE, author of a ballroom texts in most dancers' library. He allegedly came up with "Whisk" because he was holding a glass of whiskey while working out moves for a publication. He'd arrived at a point with his left foot crossed behind and thought a partner could do the opposite easily, so what to call it? Looking at his hand, "Whisk".

The "New Yorker" in Cha and Rumba was named because the English who came over looking at Latin American figures, we were doing couldn't remember our "cross over break" for the figure, so they just called it for the place they'd been. In Latin rhythms, many names trace back to Caribbean or South American origins. Doris Lavelle, a pioneer of International Latin style, was studying in Cuba in the 1940s.

In Samba, we have "Bota Fogo", named for the beachfront community in Rio de Janeiro, Brazil, where Lavelle learned it. Bota Fogo translates to "feet in fire," relating to the hot sand of the Brazilian sun. When you dance the figure, the 2nd step is like stepping on hot sand and getting off quickly. A 2nd historical reference to "Bota Fogo" traces the name back to Joao Pereira de Sousa Botafogo, responsible for artillery on a Portuguese ship whose name he took as his own. When he lived in Brazil, the Crown granted him land now known as Bota Fogo, including Lavelle's beach. This story says the name means "set on fire" as a reference to his ship's artillery power.

"Corta Jaca" with its forward-and-back move got another descriptive name. Jaca is the fruit of the maxixe tree, so the name translates to "cut the fruit" by sawing back and forth.

Prof. Ruud Vermeij of Germany wrote a history of dance names, including "Aida" and "Kiki Walks", which he said Lavelle named for people she saw doing them. She originally named the "Three Threes" (Rumba, level VI) "the butterfly" because its arm movements made her think of butterfly wings. He said she supposedly never agreed with the change to today's name, made by British technique book writers. "Alemana" was the original name for that figure, found written as Alemanda in Cuban technique books. Fan in Spanish was Abanico representing opening a lady's hand fan. "Salida" meant closed hip twist to fan. "El Paseo" meant walk; "Papillon", Natural Top. One of my favorites, which would pose a serious issue for cuers if still in use, is "lanzandera" for open hip twist.

The English began naming smooth figures in the 1920s (Latins much later). Were it not for diaries of Josephine Bradley, early British ballroom competitor and instructor, we might have lost a lot of dance history, but they've been passed down. They wound up in the hands of Oliver Wessel-Therhorn, dancer and author who wrote a book about early ballroom. The Waltz evolved over centuries but first appeared as a ballroom dance in 1917, nicknamed the Lamé Duck, he said. It was also called the "round waltz" because it rotated in only one direction.

Ms. Bradley decided round waltz was too boring and trained students to turn left as well as right. A London newspaper organized a competition in 1927 to see which waltz form was most popular. British technique writers said the form used by the winning couple would be the version adopted as the official technique. Bradley's students won with what she called the diagonal waltz, and the round waltz was never seen again. A competitor named Maxwell Stewart decided to jazz up his routine in 1924 and added the "Double Reverse Spin," so named, Wessel-Therhorn said, because it was always danced twice in a row.

The original "Feather" (because it looks like feathers on a quill) included a locking step. But Ms. Bradley's partner is credited with creating today's "Feather" when his shoes stuck together going into the lock, forcing him into a sidestep.

We injected some humor in the early naming of Round Dance positions. The 1977 URDC Reference Manual has a picture of the position much like today's "Varsouvienne". Then called the Reindeer position, named because Man holds Lady's arms up and forward like the antlers of a reindeer. Hard to keep a straight face if you had to cue it or dance it.

ROUND DANCE TIP
Closed Promenade (Tango—Level V)
By Tim Eum

Tango is not done very often in Round Dancing. It has unique characteristics and helps add variety to a program. The feeling in Tango is to dance “proud”, “bold”, and with determination.

We dance Tango with knees relaxed and bent slightly, so there is no rise and fall on any of the steps (i.e. the knees act like shock absorbers). Note also the upper body frame is different in Tango – the couple turns their upper body frame slightly left-face, which causes the man’s right shoulder to lead – the man’s right arm goes further around the lady so the lady rests right in the crook of the man’s right arm – The lady’s left hand is placed not on top but just under the man’s right arm near his armpit – and lastly, take each Tango step quickly with a slight pause before quickly taking the next step, i.e. don’t blend the steps to make one smooth movement.

The “Closed Promenade” has a fancy name but you can think of it as simply starting in semi-closed position (SCP) with lead foot free and going “Forward to a Thru, Face, Close” in Slow-Quick-Quick-Slow (SQQS) timing. That sounds easy and it is. So why is it a level V figure? Perhaps because you add the tango styling and techniques to the steps, and you do it so infrequently that it is more difficult to remember.

Here’s a step by step description of the “Closed Promenade”. Starting in SCP with lead foot free (man’s left and lady’s right) step forward. Remember not to smoothly and continually move through the two beats, but instead quickly complete the move on beat one and wait the second beat. Step through quickly with the trail foot still in SCP on beat 3. Then take a quick side step turning to face partner in tango closed position on beat 4. Finally, close with the trail foot leaving lead foot free on beat 5 and hold on beat 6. Note in Tango: a close step is not done by placing the feet directly side by side. Instead the right foot is placed back so the toes are near the in-step of the left foot. This also means the right knee is tucked in behind and to the side of the left knee. Remember that in Tango you dance slightly lowered with knees relaxed.

The overall timing of the “Closed Promenade” is SQQS. If starting in SCP-LOD, the “Closed Promenade” ends in Closed Position-wall. “Promenade” is ballroom’s term for SCP when moving forward.



Editor's Byline

Gala 2019 is in the books. It was a great Gala! I always think the most recent Gala was the best and then the next year comes along. They keep getting better and better. If you missed it this year, you missed a great one! Congratulations to Harold & Meredith Sears for receiving the CRDA Hall of Fame honor. Well deserved! Watch for more information about the new Mid-Winter's Dream dance in January. It's replacing the Summer's End Dance and will provide us a great opportunity for dancing and learning in January! January is usually a “blah” month and this will help make it danceable!

Note from Editor: Many articles are published at this time which talk about the benefits of dance. This is another great article about this subject. I especially liked the reference to “We tried to provide our seniors in the dance group with constantly changing dance routines of different genres”. Isn’t that Round Dancing???

Dancing or Fitness Sport?

As we grow older, we suffer a decline in mental and physical fitness, which can be made worse by conditions like Alzheimer's disease. A new study, published in the open-access journal *Frontiers in Human Neuroscience*, shows older people who routinely partake in physical exercise can reverse the signs of aging in the brain, and that dancing has the most profound effect.

"Exercise has the beneficial effect of slowing down or even counteracting age-related decline in mental and physical capacity," says Dr Kathrin Rehfeld, lead author of the study, based at the German center for Neurodegenerative Diseases, Magdeburg, Germany. "In this study, we show two different types of physical exercise (dancing and endurance training) both increase the area of the brain which declines with age. In comparison, it was only dancing which led to noticeable behavioral changes in terms of improved balance."

Elderly volunteers, with an average age of 68, were recruited to the study and assigned either an eighteen-month weekly course of learning dance routines, or endurance and flexibility training. Both groups showed an increase in the hippocampus region of the brain. This is important because this area can be prone to age-related decline and is affected by diseases like Alzheimer's. It also plays a key role in memory and learning, as well as keeping one's balance.

While previous research has shown that physical exercise can combat age-related brain decline, it is not known if one type of exercise can be better than another. To assess this, the exercise routines given to the volunteers differed. The traditional fitness training program conducted mainly repetitive exercises, such as cycling or Nordic walking, but the dance group were challenged with something new each week.

Dr Rehfeld explains, "We tried to provide our seniors in the dance group with constantly changing dance routines of different genres (Jazz, Square, Latin-American and Line Dance). Steps, arm-patterns, formations, speed and rhythms were changed every second week to keep them in a constant learning process. The most challenging aspect for them was to recall the routines under the pressure of time and without any cues from the instructor."

These extra challenges are thought to account for the noticeable difference in balance displayed by those participants in dancing group. Dr Rehfeld and her colleagues are building on this research to trial new fitness programs which have the potential of maximizing anti-aging effects on the brain.

"Right now, we are evaluating a new system called "Jymmin" (jamming and gymnastic). This is a sensory-based system which generates sounds (melodies, rhythm) based on physical activity. We know dementia patients react strongly when listening to music. We want to combine the promising aspects of physical activity and active music making in a feasibility study with dementia patients."

Dr Rehfeld concludes with advice which could get us out of our seats, dancing to our favorite beat. "I believe everybody would like to live an independent and healthy life, for as long as possible. Physical activity is one of the lifestyle factors which can contribute to this, counteracting risk factors and slowing down age-related decline. I think dancing is a powerful tool to set new challenges for body and mind, especially as we age."

This study falls into a broader collection of research investigating the cognitive and neural effects of physical and cognitive activity across the lifespan.

Journal Reference:

Kathrin Rehfeld, Patrick Müller, Norman Aye, Marlen Schmicker, Milos Dordevic, Jörn Kaufmann, Anita Hökelmann, Notger G. Müller. **Dancing or Fitness Sport? The Effects of Two Training Programs on Hippocampal Plasticity and Balance Abilities in Healthy Seniors.**



CRDA Membership



GENERAL INFORMATION

Since its first formative years, CRDA has enjoyed continuing success. Many activities are sponsored by CRDA each year, including a fall Gala weekend, a Spring Dance, regularly scheduled Fun Dances, website <http://www.crdanet>, and ROUND NOTES. Dancers and instructors who make contributions of their time, energy, knowledge, and skill are the CRDA staff. A Board of Directors consisting of nine couples elected from the general membership manages CRDA. It is primarily a dancer-run organization

Membership in CRDA is a way of supporting the various services CRDA provides.

CRDA encourages dancers to share in the 4 E's of Round Dancing:

EXCITEMENT, EDUCATION, EXCELLENCE and ENJOYMENT.

ROUND NOTES

ROUND NOTES is a bi-monthly newsletter sponsored by CRDA to help keep Round Dancers aware of local and national activities and to promote Round Dancing.

A few of the featured articles include:

- *A listing of both local and out-of-state Round Dance activities and festivals
- *Round dance lessons and workshops information
- *Dance Parties and Gala Information
- *Other Special Dance Events
- *Articles with tips on dance technique

The newsletter is **INCLUDED** in your CRDA membership and is a great way to stay in tune with what is being offered locally and nationally.

WEBSITE <http://www.crdanet>

The CRDA website began in 1989 and includes a wide variety of information, including: state classes and clubs; CRDA sponsored dances; round of the month and classic of the quarter; contact information; places to dance around the world; and a wide variety of dance-related links and groups.

Email notices are sent for upcoming events and notices of dance cancellations due to weather

Opportunity to vote on the dances/songs which will be a part of the program in the various halls for the Gala and the opportunity to vote at the annual membership meeting, as well as having an influence for the future direction and activities for CRDA

YEARLY DANCE EVENTS:

CRDA members receive a **STANTIAL DISCOUNT** at all CRDA events. CRDA sponsors a variety of special dance events each year: Spring Beginner Graduation Dance, Summer End's Dance Phase II-IV, regional Fun Dances, and the annual Round Dance Gala.

The Gala features an enjoyable weekend of teaches, clinics, and dancing, for ALL LEVELS of Round Dancing (phase II – VI / beginner – advanced).

Nationally prominent guest instructors are hired and local cuers/instructors lend their expertise.

The Gala is held on the first Friday and following Saturday in October starting in 2020.

ALL THIS FOR ONLY \$18.00 PER YEAR – DUE JANUARY 1*

* New Member subscribing in a month other than January, multiply \$1.50 by the number of months left in the year to calculate the amount owed for dues (ex: Aug = \$7.50).

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CRDA APPLICATION FOR MEMBERSHIP

\$18.00 per year per address (new members may prorate)

New Member Renewal Member Cuer

NAME _____

NAME _____

ADDRESS _____

CITY STATE ZIP _____

PHONE _____

EMAIL _____

EMAIL _____

We would like to receive our Round Notes (check one)

By EMAIL (thank you!) By Regular Mail

Email version: added content, in color, saves trees and postage

CRDA BADGES: \$12 ea. for pin-style, \$14 ea. for magnetic-style: PIN MAGNETIC

First Name _____ Last Name _____

First Name _____ Last Name _____

ANNUAL MEMBERSHIP \$18.00 \$ _____

DUE JANUARY (new members may prorate \$1.50/month)

CRDA BADGES \$ _____ TOTAL \$ _____

MAKE CHECKS PAYABLE TO:

"Colorado Round Dance Association" or "CRDA"

MAIL TO: Ron Blewitt, Membership
172 Vance St
Lakewood CO 80226

Colorado Round Dance Association Presents:

Phase II-VI Level Dances
Figure Clinics
Taught by
Outstanding
Teacher/Cuers



FLOORING ROARING 20s GALA

Beautiful
Hardwood
Floors

OCTOBER 2-3, 2020

LOCATION:
OCCHIATO BALLROOM,
CSU PUEBLO
2200 BONFORTE BLVD.
PUEBLO, COLORADO
81001



*Randy & Marie
Preskitt*



*Bob & Sally
Nolen*

Host Hotel: Ramada Inn, Pueblo
4703 North Fwy Rd. Pueblo, CO 81008
Phone #719-544-4700

Mention CRDA when calling to make a reservation
The rate is \$55 per night plus 11.7% tax. Breakfast is included. This special price is only available until the block is filled. You can start booking rooms now. 15 rooms have 2 queen beds & 30 rooms have a king & a sleeper sofa. The After Party will be held at the Ramada Inn.

RV Information:

For hook-ups, KOA is located at 4131 Interstate 25 North, Pueblo, CO 81008 (6.8 miles from the Ballroom).

The phone number is
(800) 562-7453.

Tentative Schedule

Friday Afternoon: Trail-in Dance

Friday Evening: Party Dance

Saturday Daytime: Figure Clinics,
General Board Meeting, &
Dance Teaches

Saturday Evening: Party Dance

Details will follow later:

Watch the CRDA Website for
latest information: <http://crda.net>

For more information:

Chuck & Melanie Thompson
melaniechuck@comcast.net

303-277-0399

Lunch is on your own. There is a nice cafeteria in the Student Center and many restaurants close by in Pueblo

2020 Colo. Round Dance Association's 60th Anniversary Gala Registration Form

His Last Name	His First	Her Last Name	Her First		
Street Address	City	State	Zip	Phone Number	E-mail Address
First Time Gala Participant		\$90			(singles pay half) _____
FULL PACKAGE (pre-registration until 4/26/2020)		\$110 Members		\$128 Non-Members (Includes remaining 2020 membership)	(singles pay half) _____
FULL PACKAGE (4/27/2020—9/20/2020)		\$120 Members		\$138 Non-Members (Includes remaining 2020 membership)	(singles pay half) _____
PRICE AT THE DOOR		\$130 Members		\$148 Non-Members (Doesn't include remaining 2020 membership)	(singles pay half) _____
Saturday, Teaches Only (9:00 am-4:30 pm)				\$85/couple	\$47.50/single _____
Saturday, all day & evening				\$110/couple	\$60/single _____
Friday AND/OR Saturday Evening(s) only				\$60/couple, \$35 single For <u>ONE</u> Evening	\$85/couple, \$47.50./single For <u>BOTH</u> Evenings _____
					TOTAL _____

Make checks payable to CRDA. Mail to:
Karen Herr
4535 Red Rock Dr.
Larkspur, CO 80118

*\$5 cancellation fee prior to 9/1/2020 NO refunds after 9/1/2020
(one time rollover allowed)*

Upcoming CRDA Dates 2019:

November 16	Wrap Up Gala 2019	Thompson Residence	2:00 p.m.
November 17	Fun Dance	Rose Hill Grange	2:00 p.m.
2020			
January 26	Midwinter's Dream	Avalon Ballroom	1:30 p.m.
February 15	Fun Dance	Rose Hill Grange	7:00 p.m.
March 14	Fun Dance	Rose Hill Grange	7:00 p.m.

Future Gala Dates

October 1 and 2, 2021

October 7 and 8, 2022

Karen Herr
4535 Red Rock Dr.
Larkspur, CO 80118



COLORADO ROUND DANCE SUMMARY REPORT

Popular Dances and Teaches During October 2019 This Month's Contributing Cuers



Bahr; Evans; Herr; Davis; Del Sol; Dodge; Gomez; Goss, B; Knight; Krause; Nolen; Sears; Smith, D; Thompson; and Wulf

Most Frequent Dances - October

1 Shape Of You (11) (Goss) SB V+0+3 (B, GB, HJ,SH)	5 Af En Af (8) (Seurer) TS II (De, HJ, KR, SH)	7 Hot Tango (7) (Wulf) TG IV+1 (HJ, SH, Wu)	13 Goodbye (6) (Parker) STS IV+0+1 (E, HJ)	14 Danced 5 Times
2 Blues In '42 (10) (Garza) TG IV+0+1 (B, E, KR, Wu)	5 Untold Love (8) (Wulf) RB V+2 (HJ, SH, Wu)	7 Hushabye Mountain 5 (7) (Rotscheid) WZ V+2 (B, E, HJ, Wu)	13 It's About Time (6) (Shibata) WCS VI (B, E)	27 Danced 4 times
2 Havana (10) (Goss) CH VI (B, E, GB, HJ, SH)	7 Better Place (7) (Johnson) RB V+2 (B, E)	7 Quietly Foxtrot (7) (Tucker) FT III (De, HJ, SH)	13 Little Deuce Coupe (6) (Koozer) JV III+1 (De, HJ, SD)	41 Danced 3 Times
4 Out Of Reach (9) (Goss) RB III+1 (De, GB, HJ)	7 Chasing The Sun (7) (Collins) RB IV+2 (HJ)	7 The Girl From Ipanema (7) (Preskitt) FT V+1 (B, HJ, Wu)	13 One (6) (Wulf) FT III+2 (HJ, Wu)	

Most Frequent Dances Last Twelve Reports

1 Havana (70) (Goss) SB VI (B, E, GB, HG, HJ, SH)	4 He's A Pirate (48) (Goss) TG VI (B, E, HG, SH)	9 Better Merengue (36) (Townsend Manning) MR V+1+1 (B, GB, KP, SH)	11 The Alligator Stroll (34) (Gloodt) WCS IV+2+3 (B, E, HG, HJ, SH, T)	16 Mystique (32) (Nelson) WZ VI (B, E, HJ)
2 Hushabye Mountain 5 (58) (Rotscheid) WZ V+2 (B, E, HG, HJ, SH, Wu)	6 Blues In '42 (47) (Garza) TG IV+0+1 (B, E, HG, KR, SH, Wu)	10 Legend (35) (Nelson) RB V+0+2 (B, E, HJ, KP, KR, SH)	14 Cuando Me Enamoro (33) (Gloodt) RB IV+2 (B, E, GB, HG, HJ, SD, SH)	18 Cuppa Joe (30) (Goss/Figwer) WCS VI (E, GB, HG, SH)
3 Thoroughly Modern Millie (55) (Preskitt) QS IV+0+1 (B, E, HG, HJ, SD, SH)	7 Af En Af (41) (Seurer) TS II (De, HJ, KP, KR, SD, SH, T)	11 Black Tie Tango (34) (Moore) TG IV+2 (B, E, GB, HG, HJ, KP, KR, SH)	14 Someone Like You (33) (Preskitt) RB VI (B)	18 My Cup Of Love (30) (Bahr) WZ V (B, E, HJ, KP)
4 All Of You (48) (Gloodt) FT IV+1 (B, E, GB, KP, SH)	8 Sedalia (39) (Kenny) RB IV+2+1 (GB, HJ, KR, SH,)	11 El Gringo (34) (Goss) PD V (B, E, GB, HG, HJ, KP, SH)	16 Jesse (32) (Shibata) WZ V+0+3 (B, E)	6 Danced 29 Times

Top Dances By Phase - October

Phase II	Phase III	Phase IV	Phase V	Phase VI
1 Af En Af (8)	1 Out Of Reach (9)	1 Blues In '42 (10)	1 Shape Of You (11)	1 Havana (10)
2 Come Dance With Me (5)	2 Quietly Foxtrot (7)	2 Chasing The Sun (7)	2 Untold Love (8)	2 It's About Time (6)
2 Could I Have This Dance (5)	3 Little Deuce Coupe (6)	2 Hot Tango (7)	3 Better Place (7)	3 Cavatina Vi (3)
2 Love Lifted Me (5)	3 One (6)	4 Goodbye (6)	3 Hushabye Mountain 5 (7)	3 Malaguena (3)
2 Spinning Wheel Waltz (5)	5 Baby's Got Blue Jeans (5)	5 Cuando Me Enamoro (5)	3 The Girl From Ipanema (7)	3 Smoke Gets In Your Eyes (3)
	5 Blue Shore Rumba (5)	5 For Valerie (5)	6 A Night Like This (5)	3 Valentine (3)
7 Danced 4 Times	5 Ginny Come Bolero (5)	5 Thoroughly Modern Millie (5)	6 Jesse (5)	
	5 Last Night Cha (5)		7 I'll Never Love Again (4)	11 Danced Twice
13 Danced 3 Times	5 Uptown (5)	7 Danced 4 Times	7 Jurame (4)	
	11 Danced 4 Times		9 Danced 3 Times	8 Danced Once

Top Dances By Phase Last Twelve Reports

Phase II	Phase III	Phase IV	Phase V	Phase VI
1 Af En Af (41)	1 Night Waves (22)	1 Thoroughly Modern Millie (55)	1 Hushabye Mountain 5 (58)	1 Havana (70)
2 West Texas Waltz (29)	2 Here, There, Everywhere (19)	2 All Of You (48)	2 Better Merengue (36)	2 He's A Pirate (48)
3 Piano Roll Waltz (23)	2 Little Deuce Coupe (19)	3 Blues In '42 (47)	3 Legend (35)	3 Someone Like You (33)
3 Valerie (23)	4 Baby's Got Blue Jeans (17)	4 Sedalia (39)	4 El Gringo (34)	4 Mystique (32)
5 Jacalyn's Waltz (18)	4 Chilly Cha III (17)	5 Black Tie Tango (34)	5 Jesse (30)	5 Cuppa Joe (30)
6 Do You Wanna Dance (17)	4 Let Me Love You Tonight (17)	5 The Alligator Stroll (34)	5 My Cup Of Love (30)	6 Malaguena (29)
7 Come Dance With Me (14)	4 Uptown (17)	7 Cuando Me Enamoro (33)	7 I'm Falling (29)	7 The Colors Of Autumn (22)
7 Waltz Across Texas (14)	8 Valentine Bolero (16)	8 Senorita Tango (29)	7 Whenever Wherever (29)	8 My Foolish Heart (19)
4 Danced 13 Times	5 Dance 15 Times	8 Syncopated Clock (29)	9 I'm Gonna Sit Right Down (28)	9 Retango (18)
		10 How Deep Is Your Love (27)	10 If One Day (27)	9 Summertime (18)





Harold and Meredith Sears

Bio for the CRDA Hall of Fame

Harold and Meredith began Round Dancing in 1988. They had taken Square Dance lessons the year before, Round Dancing naturally followed and Round Dance music turned out to be so sweet that they just spent more and more of their time with rounds. They were members of three different clubs in South Carolina, in three different cities across the state, including a Carousel Club which drew members from SC, NC, and GA. They attended clinics and festivals all over the East, including DRDC, URDC (now ICBDA), Fontana, and the National Square and Round Dance Festival, and gradually moved into advanced dance levels. They moved to Colorado in 2004 and joined the Cantrell and Bahr Carousel clubs and joined CRDA. They are also current members of DRDC, ICBDA, and RAL.

Harold and Meredith have long been involved in dance education. They have written a Round Dance Figure and Styling Manual which contains descriptions of hundreds of figures in all the Round Dance rhythms. The manual also contains hundreds of educational articles on the history of dance and how to dance, written by Harold and Meredith and by other teachers. The manual has been online at rounddancing.net/dance since 2001.

They have been Education Chairs for DRDC since 2005 and in that capacity have written many articles on dance and edited many more for the monthly DRDC newsletter. They were education writers for WASCA from 2007 to 2012 and wrote an article per month for that newsletter. All of this work ended up in their online Dance Manual, Some of it has been reprinted by many dance organization, including CRDA; Dallas Harvest Holiday; Eastern Ontario Square and Round Dance Assn.; European Callers and Teachers Assn.; Louisiana Round Dance Assn.; North Carolina Round Dance Assn.; Round Dance Assn. of Victoria, Australia; Roundalab, International Assn. of Round Dance Teachers; Tammany Twirlers Square and Round Dance Club, Slidell, Louisiana; Square and Round Dance Instructors Association of Alberta; Texas Round Dance Teachers Assn.; and others. Users of the online manual are similarly world-wide.

Harold began to do a little cueing in 2009. Harold and Meredith were clinicians at the CRDA Gala in 2009 and 2013. They taught at the Harvest Moon dance in 2010 and 2015. They have regularly cued at the Spring Dance, Harvest Moon, Summer's End, Fun Dances, and the Gala since 2014. In 2011, they were asked to lead Carousel Club #171, Greater Denver, and they have been programming, cueing, and teaching for that group since 2012. They maintain a club website at rounddancing.net.

They were members of the ICBDA Technical Advisory Committee (TAC), 2005-2010, writing and editing dance figure descriptions for the TAC Manual and responsible for order fulfillment, 2010-present; member CRDA BOD, 2010 to 2012; RAL ROQ level VI committee 2010 to present; RAL Merengue Consortium 2019 and Argentine Tango Consortium 2016, writing and editing dance figure descriptions; CRDA Webmaster CRDA.net, 2014 to present; Rose Hill Grange webmaster, rosehillgrange.com, 2014 to present; Chair CRDA Harvest Moon, 2016; Program Chair CRDA Gala,



2016 to present.

CRDA Board of Directors Meeting
Saturday, September 21, 2019
Rose Hill Grange, 2:00 p.m.

Call to order at 2:00 p.m.

Attendance: (All members are welcome to attend)

Board members in attendance were Steve and Janet Pitts, Gary and Charlotte Baxter, Ken Matuska and Frankie Travis, Kathi Gallagher, Kathryn Dow, and Justin Del Sol. Dave Smith was proxy for Jim Steverson and Pam King. Fred and Judy Layberger were proxies for John and Karen Herr.

Minutes approved as read.

Correspondence: For **July:** George Smith - thinking of you, Cindy Van Hooser - surgery and get well, Judy Layberger - injury and get well, and Sharon Peyrouse - injury and get well. For **August:** Patrick Krause - illness and get well, Terri Sherwood - injury and get well, Betty Harris - surgery and get well, Bill Vanderminden - surgery and get well. For **September:** Peggy Hutchinson - loss of spouse and sympathy, Pam King and Jim Steverson - wedding and congratulations, Harold Myers - loss of spouse and sympathy, Joy Kancir - surgery and get well, and Judy Taylor - surgery and get well. For **October:** Lee Janssen - surgery and get well, Bill Vanderminden - thinking of you, Harold Van Hooser - surgery and get well, Frankie Travis - sympathy.

Treasurer's Report: (Frankie Travis)

For the period of Jan. 1 thru Sept. 20, 2019, our net income was \$5,311.52 and our total liabilities and equity was \$26,296.54.

President's Report: (Steve and Janet Pitts)

Thanks to all who attended the Summer's End Dance on August 25th. Thank you to John and Karen Herr for programming and chairing this dance. It was an enjoyable dance and the three teaches were well received. The Summer's End Dance has been moved to January starting in 2020! CRDA has booked the Avalon Ballroom for the January 26, 2020 and we need a cuer to do the program and someone to chair this dance. The Avalon charges \$500 to use their facility for an afternoon/evening dance.

The Gala 2021 contracts have been completed and checked for Vogt and Hicks. Deb Vogt is mailing back their signed contract and we are waiting to hear from Tom Hicks.

A big thank you to Gary and Charlotte Baxter and Jim and Margie Garcia for their service to CRDA as board members. They are rotating off the board and Frankie Travis and Ken Matuska have graciously agreed to be nominated for another term.

Normally, CRDA elects three board members each year. We need nominations for 2020. Please provide any nominations you have to Justin Del Sol at to us at stevepitts@mindspring.com. Members may nominate themselves. We need at least two more non-cuer nominees. New board members will be voted on at the 2019 Annual Membership Meeting held from 12:45 p.m. to 1:45 p.m. on Saturday during the Gala in Hall A. All CRDA members are encouraged to attend the Annual Membership Meeting. The presidents will provide ballots for the annual meeting elections.

Five new hearing assist earpieces EAR022 have been purchased for \$68.95 (\$13.79 each). CRDA may wish to purchase one more receiver @\$45 used on eBay. Rob Sherwood will check functionality and frequency

response.

Vice President's Report: (Justin Del Sol)

Due to Justin's health problems, he is hoping someone can replace him on the board. Justin has been unable to solicit members willing to be board members to date. He could be replaced by a dancer member or cuer member.

Publicity and Fun Dance Report: (Fred and Judy Layberger)

Publicity

2019 Flyers and the Gala poster Board were distributed at ICBDA, Colorado State Festival, Cactus Capers (Mesa, AZ) Black Tie (Mesa, AZ.) They were also taken to square dances and Round Dances in Arizona, Washington State, Idaho, New Mexico, West Yellowstone and Texas. Judging by the number of flyers we needed to print, the response seems to be good.

Fun Dances Scheduling for 2020

We have had an unusual problem with scheduling 2020 Fun Dance cuers this year. A schedule built on cuer availability has been completed with one Sunday and the rest are Saturday dances. Allynn & Bob Riggs are cueing their first Fun Dance. We are so excited to have them. The other cuers have been very supportive filling in the cueing vacancies. Thank you so much to our cuers John and Karen Herr, Roy and Marcia Knight, Becky and David Evans, and Harold and Meredith Sears for filling in extra cuer spots on the 2020 schedule.

2019 Gala Report: (Steve and Janet Pitts)

A detailed report of all arrangements and committee responsibilities was submitted by Janet Pitts. Everything is well-organized and the volunteer teams are built and ready to go. A very precise and complete facility plan was presented by Gary and Charlotte Baxter including set up arrangements, timeline of when to open and close dividers between dance halls, lighting and ball room temperatures. Baxters will meet with Brent Lorenz and give him a check for the final balance we owe them. Gary plans to book the ballroom for Oct. 1-2, 2021.

Some last minutes final details include:

1. The top 10 dances will be danced "all together" on Fri. night.
2. The program will be on the CRDA website as soon as Harold hears back from all the cuers.
3. Fred Layberger will video demo dances because Taylors are unable to come.
4. Teaches will include a Samba Level V, a Rumba Level V, a Foxtrot and Tango Level IV, and a Rumba and Foxtrot Level III.
5. Saturday Brunch in the University cafeteria is \$9.15 per person. Please eat before the General Meeting.
6. Registration will start at 2:00 p.m. on Friday.
7. We need one more sound system for Saturday
8. Registration desk will be responsible for hearing assist equipment checkout and return. Please have borrowers leave car keys or an Id for collateral. Count receivers before and after each dance session.
9. There are enough hotel rooms booked to cover costs of guest cuers' rooms.
10. A suggestion was made for Gala 2020 to raffle free fun dances at the annual meeting and advertise this in the Round Notes.
11. We will get a birthday cake for Randy Wulf. His birthday is Oct.15.
12. Meredith Sears will bring a computer slide show representing activities over the years.
13. The Gala Wrap up meeting will be at the home of Chuck and Melanie Thompson on Nov. 16th at 2:00 p.m. with snacks at 1:30.

Fun Dance Format and Cuer fees

A motion was made to continue the pilot program of teaching a lower level clinic and/or teach the first 30 minutes of the November 2019 Fun Dance to be followed by an online survey sent to all members asking for their input on whether to continue the pilot program. Said motion was seconded and passed. A decision will be announced by mid-January.

Frankie Travis made a motion to set a flat fee of \$55 per cuer at a Fun Dance. The motion was seconded and passed. We will have to modify the cuer contracts to reflect new fee rate.

Mid-Winter's Dream Dance

The date is set for January 26, 2020 at the Avalon Ballroom. This dance replaces the Summer's End Dance. We need a Dance Chair and Programmer for this dance. A motion was made to charge \$20 dollars for the afternoon and evening session per member couple and \$22 dollars for non-member couple and for the evening session only to charge a member couple \$10 and a non-member couple \$11. Motion seconded and passed.

2020 Gala and Price Increase

Chuck and Melanie Thompson are chairing the 2020 Gala. Their theme is the Roaring Twenties. It will be the 60th anniversary of CRDA and diamonds are the jewel of choice for said anniversary. Everybody get your sparkle on! It will also be Marie Preskitt's birthday so cake and cards will be in order.

There will be a \$10 across the board price increase for this Gala. At the 2019 Gala (this year), there will be a discounted early bird fee of \$100.00 per couple for the 2020 Gala. The 1st time Gala participant discount will be continued.

Hall of Fame: (Jim Garcia)

The board approved Harold and Meredith Sears to be awarded this year's 2019 Hall of Fame Award for the numerous contributions they have made in service to our organization. They have requested no fanfare at the Gala. Their picture and bio will be included in the next Round Notes as well as a picture with their engraved name plate on the Hall of Fame Plaque. They will be treated to a special dinner out and receive a gift from CRDA.

Historian: (Meredith Sears)

Meredith Sears is bringing a computer slideshow to the CRDA Gala showcasing Galas over the years.

New Business: (Dave Smith)

Dave Smith has been asked to chair the Round Dance program for the CSSDA MAPS Festival in 2021. Kris Nance is the chair of the 2021 State Square and Round Dance Festival. Kris Nance, MAPSDC Jr. Rep, would like to coordinate arrangements thru Dave with CRDA. The 2021 State Square and Round Dance Festival will be held in Greeley at UNC and Round Dancing will have one dedicated hall.

The next Board Meeting will be held on January 11 at 2:00 p.m. at Rose Hill Grange. Those members rotating off and new members will attend this meeting and officers will be elected at this time. Come at 1:30 p.m. for snacks. All members are welcome. Board members who cannot attend, please send a proxy who is not a board member and notify the President who the proxy will be.

Meeting adjourned.

Respectfully submitted by Margie Garcia

NOVEMBER FUN DANCE

Sun. Nov. 17, 2019 from 2-4:30 PM

Rose Hill Grange
4001 E 68th,

Commerce City, CO 80022

Featured Cuers

Dancers at all Levels
are WELCOME!



David Smith



**John & Karen
Herr**

\$15 Couple

\$7.50 Singles

For Maps & Directions:

<http://crda.net>

For more information:

Frankie Travis

720-935-4189

travis3@comcast.net

**2-2:30 PM
Lower Level
Request Clinic**

Colorado Round Dance Assoc. Presents:

Midwinter's Dream

SUNDAY, JANUARY 26, 2020

AVALON BALLROOM

6185 Arapahoe Rd. Boulder, CO 80303



TEACHES: 1:30-4:30 PM
PHASES III-V
DINNER BREAK: 4:30-6:30
DANCE: 6:30-9:00 PM

Purchase Tickets at the Door

CRDA Members:

Half Day \$10/cpl-\$5/sgl

Full Day:\$20/cpl-\$10/sgl

Non-Members:

Half Day: \$11/cpl-\$5.50/sgl

Full Day: \$22/cpl-\$11.00/sgl

Maps & Directions:
<http://crda.net>

**Midwinter's
Dream**
Sun. Jan. 26
Teaches: 1:30-4:30 PM
Dance: 6:30-9:00 PM
Avalon Ballroom

January

Sat. Feb. 15
7-9:30 PM
Rose Hill Grange
John & Karen Herr
and
Roy & Marcia Knight

February

Sat. March 14
7-9:30 PM
Rose Hill Grange
Becky & Dave Evans
and
Harold & Meredith
Sears

March

COLORADO 2020 ROUND DANCE SCHEDULE

**SPRING
DANCE**
Teaches: 1:30-4:30 PM
Dance: 6:30-9:00 PM
Avalon Ballroom

April

Sat. May 23
7-9:30 PM
Rose Hill Grange
Allynn & Bob Riggs
&
Becky & Dave Evans

May

**Colorado State
Festival
June 5 & 6
Grand Junction,
Colorado**

June

Sat. July 25
7-9:30 PM
Rose Hill Grange
John & Karen Herr
&
Roy & Marcia
Knight

July

Sat. Aug. 15
7-9:30 PM
Rose Hill Grange
Becky & Dave Evans
&
Harold & Meredith
Sears

August

Sun. Sept. 20
2-4:30 PM
Rose Hill Grange
Harold & Meredith
Sears
& Peter & Chama
Gomez

September

GALA
October 2 & 3
Occhiato Ballroom,
CSU Pueblo
2200 Bonforte Blvd.
Pueblo, CO. 81001

October

Sat. Nov. 7
7-9:30 PM
Rose Hill Grange
Harold & Meredith
Sears &
Becky & Dave Evans

November

**MERRY
CHRISTMAS!**

December