

Isn't It Romantic

Choreographers: Chris Cantrell & Rose del Sol, 11310 Whooping Crane Dr., Parker, CO 80134, 303-947-7466, christopher.a.cantrell@gmail.com
Rhythm & Phase: Foxtrot, phase V Difficulty: Easy (20 phase IV, 5 phase V) Timing unless noted: SQQ
Music: Rod Stewart from "Startdust...The Great American Songbook 3"
Speed: 43.5 rpm (-3.3%) = 26 mpn, adj for comfort **Editing:** At native speed, remove first 48.7 secs, fade in 1 sec
Sequence: **Introduction A B A(1-15) Bridge B End** **Released:** 27 September 2015, v1.0



Introduction

1-3 Wait CP-DLC ; S Sd L (on "awake"), S Sd R (piano); Wait through silence,, Fwd L (on "Isn't it ro-") ;

- 1 { **Wait** } CP-DLC lead ft free wait about 1 meas on notes and words "I'm not";
 SS 2 { **S Sd L, S Sd R** } S sd L (W S sd R) slt rt sway & RF trn on "awake", S sd R (W S sd L) slt lft sway & LF trn on last few piano notes;
 -S 3 { **Wait, S Fwd L** } Wait through slience in music,, S fwd L heel lead (W S bk R) on "isn't it ro-";

Part A

1-4 Feather (1st time on "-mantic"); Open Telemark ; Open Natural Turn ; Open Impetus Turn ;

- 1 { **Feather** } CP-DLC fwd R (1st time on "-mantic"), fwd L prep to stp in BJO, fwd R in BJO; (W bk L,, bk R, bk L;) BJO-DLC
 2 { **Open Telemark** } BJO-DLC fwd L strtg LF trn,, cont RF trn sd R, cont LF trn sd & fwd L DLW; (W Bk R strtg LF trn,, cls L to R trn LF (heel trn), cont LF trn sd & fwd R;) SCP-DLW
 3 { **Open Natural Turn** } SCP-DLW fwd R strtg RF trn,, cont trn RF sd L in CP, cont trn RF bk R DLW; (W fwd L DLW,, trn body RF fwd R DLW, fwd L DLW;) prep to stp BJO-DRC
 4 { **Open Impetus Turn** } BJO-DRC bk L strtg RF turn,, cl R to L (heel trn), trn RF sd & sltly fwd L DLC; (W fwd R strtg RF trn,, cont trng RF sd L, cont trng RF brush R to L then sd & sltly fwd R;) SCP-DLC

5-8 Promenade Weave ; ; Hover Telemark ; Curved Feather Chk;

- SQQ
 QQQQ 5-6 { **Promenade Weave** } SCP-DLC fwd R,, strtg LF trn fwd L trng to CP, sd & sltly bk R; bk L in BJO, bk R to CP strtg to trn LF, trn LF sd & fwd L, fwd R DLW; (W fwd L in SCP,, trn LF sd & sltly bk R, sd & fwd L; fwd R in BJO OS, fwd L to CP strtg to trn LF, trn LF sd R, bk L;) BJO-DLW
 7 { **Hover Telemark** } BJO-DLW fwd L,, fwd R rise trn RF, fwd L; (W bk R,, bk L rise trn RF, fwd R;) SCP-LOD
 8 { **Curved Feather Chk** } SCP-LOD fwd R start RF trn,, fwd L cont trn prep to step BJO, fwd R in BJO; (W fwd L start RF trn, -, sd & bk R cont trn, bk L;) BJO-DRW

9-12 Dbl Bk Lilt ; Weave End ; Dbl Fwd Lilt ; Reverse Fallaway Chk ;

- QQQQ 9 { **Dbl Bk Lilt** } BJO-DRW bk L rise, small bk R lwr, bk L rise, small bk R lwr; (W fwd R, small fwd L, fwd R, small fwd L;)
 QQQQ 10 { **Weave End** } BJO-DRW bk L,, bk R to CP strtg to trn LF, trn LF sd & fwd L, fwd R; (W fwd R,, fwd L to CP strtg to trn LF, trn LF sd R, bk L;) BJO-DLW
 QQQQ 11 { **Dbl Fwd Lilt** } BJO-DLW fwd R rise, small fwd L lwr, fwd R rise, small fwd L lwr; (W bk L, sml bk R, bk L, sml bk R;) BJO-DLW
 12 { **Reverse Fallaway Chk** } BJO-DLW fwd L trng LF blnd CP,, sd R, XLIB of R chkg; (W bk R trng LF,, sd L, XRIB of L chkg;) fllyw SCP-DRC

13-16 Double Outside Swivel ; Feather Chk; Top Spin ; Three Step ;

- SS 13 { **Dbl Outside Swivel** } SCP-DRC fwd R lead W trn BJO,, bk L lead W trn SCP;; (W fwd L swvl LF BJO,, fwd R swvl RF to SCP,;)
 SCP-DRC
 14 { **Feather Chk** } SCP-DRC fwd R,, fwd L left shldr lead, fwd R in BJO chkg; (W fwd L,, trng LF sd & bk R, bk L in BJO chkg;) BJO-DRC
 QQQQ 15 { **Top Spin** } BJO-DRC on R ball spin LF lft xtnded bk L, bk R trng LF, sd & slightly fwd L, fwd R in BJO; (W on ball of L ft spin LF rt xtnded fwd R, fwd L trng LF, sd & slightly bk R, bk L in BJO;) BJO-DLW
 16 { **Three Step** } BJO-DLW fwd L HT,, fwd R HT, fwd L; (W bk R,, bk L, bk R;) CP-DLW

Part B

1-4 Natural Hover Cross ; ; Double Reverse Spin ; Three Step ;

- SQQ
 QQQQ 1-2 { **Natural Hover Cross** } CP-DLW fwd R strng RF turn,, trng RF sd L, cont RF trn sd R; sml fwd L in SCAR, rec R, trng body sltly RF sd L, fwd R DLC; (W bk L strng RF trn,, trng RF on L cls R to L (heel turn), cont RF trn sd L; bk R in SCAR, rec L, trng body sltly RF sd R, bk L;) BJO-DLC
 SQ-
 (SQ&Q) 3 { **Double Reverse Spin** } BJO-DLC fwd L trng LF,, sd R, cont LF spin tch L to R; (W trng LF bk R,, cl L to R (heel Turn) / sd R LOD, XLIF of R;) CP-DLW
 4 { **Three Step** } CP-DLW fwd L HT,, fwd R HT, fwd L; (W bk R,, bk L, bk R;) CP-DLW

SQQ
QQQQ
SS

5-8 Natural Weave ; ; Change of Direction ; Open Telemark ;

- 5-6 { **Natural Weave** } CP-DLW fwd R strtg RF trn,, trn RF sd L, bk R; bk L in BJO, bk R to CP strtg to trn LF, trn LF sd & fwd L, fwd R; (W bk L strtg RF trn,, cl R to L trn RF (heel turn), fwd L; fwd R in BJO, fwd L to CP strtg to trn LF, trn LF sd R, bk L;) BJO-DLW
- 7 { **Change of Direction** } BJO-DLW fwd L blnd CP,, fwd R trng LF drw L to R trn LF,,; (W bk R,, bk L trng LF drw R to L trn LF,,;) CP-DLC
- 8 { **Open Telemark** } CP-DLC fwd L strtg LF trn,, cont RF trn sd R, cont LF trn sd & fwd L DLW; (W Bk R strtg LF trn,, cls L to R trn LF (heel trn), cont LF trn sd & fwd R;) SCP-DLW

9-12 Feather ; Three Step ; Half Natural Turn ; Back Feather ;

- 9 { **Feather** } SCP-DLW fwd R,, fwd L lft shldr lead, fwd R; (W fwd L,, trng LF sd & bk R, bk L;) BJO-DLW
- 10 { **Three Step** } BJO-DLW fwd L HT,, fwd R HT, fwd L; (W bk R,, bk L, bk R;) CP-DLW
- 11 { **Half Natural Turn** } CP-DLW comm RF upper body turn fwd R,, sd L, bk R; (W comm RF upper body turn bk L,, cls R to L [heel turn] cont turn, fwd L;) CP-RLOD
- 12 { **Back Feather** } CP-RLOD bk L,, bk R rt shldr lead, bk L; (W fwd R,, fwd L, fwd R;) BJO-RLOD

13-16 Hover Corté ; Back Whisk ; Half Natural Turn ; Open Impetus Turn ;

- 13 { **Hover Corté** } BJO-RLOD bk R trn LF blnd CP,, sd L w with hvr cont trn LF, rec bk & sd R; (W fwd L trn LF,, sd R with hvr cont trn LF, rec fwd & sd L;) BJO-LOD
- 14 { **Back Whisk** } BJO-LOD bk L,, bk & sd R, XLIB of R; (W fwd R trn RF,, fwd & sd L, XRIB of L;) SCP-LOD
- 15 { **Half Natural Turn** } SCP-LOD comm RF upper body turn fwd R,, sd L, bk R; (W comm RF upper body turn fwd L,, fwd R CP, fwd L;) CP-RLOD
- 16 { **Open Impetus Turn** } CP-RLOD bk L strtg RF turn,, cl R to L (heel trn), trn RF sd & sltly fwd L DLC; (W fwd R strtg RF trn,, cont trng RF sd L, cont trng RF brush R to L then sd & sltly fwd R;) 1st time: SCP-DLC, 2nd time: SCP-LOD

Part A(1-15)

Bridge

1-2 Walk 2 ; Three Step ;

- SS
1 { **Walk 2** } BJO-DLW fwd L,, fwd R, (W bk R,, bk L,);
- 2 { **Three Step** } BJO-DLW fwd L HT,, fwd R HT, fwd L; (W bk R,, bk L, bk R;) CP-DLW

Part B

End

1-4 Face,, Q Sd, Cls, ; Escort Walk,, Face, ; Q Sd, Cls, Escort Walk, ; Face,, Q Sd Cls;

- SS
1 { **Face,, Q Sd, Cls** } SCP-LOD fwd R trn RF,, sd L, cls R to L (W fwd L trn LF,, sd R, cls L to R) CP-Wall;
- 2 { **Escort Walk,, Face** } CP-Wall drop hold and chg to escort pos while trng fac LOD fwd L,, fwd R trn RF fac (W drop hold and chg to escort pos while trng fac LOD fwd R,, fwd L trn LF fac); fac prtnr & wall trail arms in loose escort
- QQS
3 { **Q Sd, Cls, Escort Walk** } fcg prtnr & wall in loose escort sd L, cls R to L trn fc LOD, fwd L in escort,; (W sd R, cls L to R trn fc LOD, fwd R in escort,;) escort postion-LOD
- SQQ
4 { **Face, Q Sd, Cls** } escort position-LOD fwd R trn RF fac,, sd L, cls R to L; (W fwd L trn LF fac,, sd R, cls L to R;) fac prtnr & wall trail arms in loose escort

5-7 Sd to Prom Sway ; Extend,, S Chg Sway ; ;

- S-
5 { **Sd to Prom Sway** } fcg prtnr & wall trail arms in loose escort sd L stretch body upwards fc LOD and chg to normal prom hold; (W sd R stretch body upwards fc LOD chg to normal prom hold;) SCP-LOD
- 6-7 { **Extend, S Chg Sway** } SCP-LOD cont prom sway action,, S lwr into lft knee stretch lft sd chngng sway trn head to rt to fc W as music fades;; (W cont prom sway action,, S lower into rt knee stretch rt sd chngng sway trn head well to lft;);

Isn't It Romantic

Chris Cantrell & Rose del Sol

Introduction

Wait CP-DLC ; S Sd L (on "awake"),, S Sd R (piano); Wait through silence,, Fwd L (on "Isn't it ro-") ;

Part A

Feather (on "-mantic") ; Open Telemark ; Open Natural Turn ; Open Impetus Turn ;
Promenade Weave ; ; Hover Telemark ; Curved Feather Chk ;
Dbl Bk Lilt ; Weave End ; Dbl Fwd Lilt ; Reverse Fallaway Chk ;
Double Outside Swivel ; Feather Chk ; Top Spin ; Three Step ;

Part B

Natural Hover Cross ; ; Double Reverse Spin ; Three Step ;
Natural Weave ; ; Change of Direction ; Open Telemark ;
Feather ; Three Step ; Half Natural Turn ; Back Feather ;
Hover Corté ; Back Whisk ; Half Natural Turn ; Open Impetus Turn ;

Part A (1-15)

Feather ; Open Telemark ; Open Natural Turn ; Open Impetus Turn ;
Promenade Weave ; ; Hover Telemark ; Curved Feather Chk ;
Dbl Bk Lilt ; Weave End ; Dbl Fwd Lilt ; Reverse Fallaway Chk ;
Double Outside Swivel ; Feather Chk ; Top Spin ;

Bridge

Walk 2 ; Three Step ;

Part B

Natural Hover Cross ; ; Double Reverse Spin ; Three Step ;
Natural Weave ; ; Change of Direction ; Open Telemark ;
Feather ; Three Step ; Half Natural Turn ; Back Feather ;
Hover Corté ; Back Whisk ; Half Natural Turn ; Open Impetus Turn (LOD);

End

Face,, Q Sd, Cls, ; Escort Walk, Face ; Q Sd, Cls, Escort Walk, ; Face,, Q Sd Cls;
Sd to Prom Sway ; Extend,, S Chg Sway ; ;