

EVERYTHING WC

Choreo: Bob & Sally Nolen

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Rhythm: WCS IV+ (1)+4 (Surprise Whip) +(2 Hnded Lft Circ Pass, Cut Off, Whip & Flip, Sug Breaks) Video clips are available at our website

Music: Everything, Toby Mac, Album - The Elements -Downloaded from Amazon

Speed: 3:20 min download - Slowed to 43 RPM for dancing comfort

Sequence: INTRO A B C A C C D B B C C END

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Degree of Difficulty: Modereate

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Left out Extended word in ending

TIMING

Part Intro

1-4 WAIT OPN/LOD NO HNDS ;; SLOW SD BREAK ; TOG, HIP BUMP , TRIPPLE APART ;

1-2 {Wait 2 Meas ;;} OPN/LOD No Hnds ;;

3 {Slow Side Break} LOP/LOD - Wt on R push off R stp sd L (sml stp), push off L stp sd R (sml stp) end with both legs straight, -hold, push off L & hold ; (opposite for wom;)

4 {Together Hip Bump & Tripple Apart} Stp tog L, sd by sd & lift L hip & bump wom's R hip, apart R, /L, R to LOP/LOD ;

Part A

1-4 WRAPPED WHIP W/ SWEETHEARTS ;;;

1-4 {Wrapped Whip with Sweethearts} Bk L to double hndhold, rec R turning 1/4 RF, bring man's L & wom's R hnds in & over W's head sd L cont RF turn/close R, sd & fwd L in wrapped pos; while releasing both hnds taking them out to sides shaping to each other fwd R with Contra Body rotation lowering and checking, rec bk/ L sd R bhnd W to her R side; fwd L with Contra Body rotation lowering and checking, rec bk/ R sd L bhnd W bk to her L side ; X R in bk of L turning RF taking W's rt hnd in man's L hnd, sd L turning RF to fac LOD, in place R/ L, R; (fwd R, fwd L, fwd R/close L, bk R; while releasing both hnds taking them out to sides shaping to each other bk L with Contra Body rotation lowering and checking, rec R, sd L/cls R, side L; rk bk R with Contra Body rotation lowering and checking, rec L, sd R / cls L, sd R; bk L,bk R, in place L/ R, L;)

5-8 XTENDED LFT SD PASS ;; UNDR ARM TRN ~ KICK BALL CHNG ;;

5-6 {Extended Left Side Pass} Bk L comm 1/8 LF trn, sm bk R 1/8 LF trn out of slot, leading wom to pass sd L/cl R, trng 1/8 LF fwd L, (Fwd R, fwd L, fwd R/cl L, fwd R;) XRIFL, sd and fwd L, anchor R/L, R; (Fwd L commence LF trn, fwd R complete trn, anchor R/L, R ;

7-8 {Underarm Turn ~ Kick Ball Change} Bk L turning RF, fwd R turning RF, fwd L/close R, fwd L; in place R / L, R, (fwd R, fwd L under jned lead hnds, fwd R/L, R turning LF; in place L/ R, L,) ~ Kick L ft fwd/take wgt on ball of that ft,replace wgt on R ft, (kick R ft fwd/take wgt on ball of that ft,replace wgt on other L ft,)

Part B

1-2 SLOW BK STEP,-, FLAIR,-2X ;;

1-2 {Slow Back Step Flair 2X} Bk L,-, flair R bk CW,-; (fwd R,-, flair L fwd CCW,-;) Bk L,-, flair R bk CW,-; (fwd L,-, flair R fwd CCW,-;)

3-5 UNDRARM TRN ~ MAN'S UNDRARM TRN ;;;

3-5 {Underarm Turn ~Man's Underarm Turn} Bk L turning RF, fwd R turning RF, fwd L/close R, fwd L; in place R / L, R, (fwd R, fwd L under jned lead hnds, fwd R/L, R turning LF; in place L/ R, L,) ~ Bk L, fwd R turning 1/4 RF under jned lead hnds, sd L turn 1/4 RF/fwd R, fwd L; in place R / L, R, (fwd R, fwd L turn 1/4 LF, sd R/X L IF turn 1/4 lft fc, bk R; in place L/ R, L,)

Part C

1-4 CUT OFF ;; WHIP & FLIP ;;

123&4;
567&8;

1-2 **{Cut Off}** Start and undrarm trn bk L off track, bk R crossing in front of L trng to fc, press L in frnt of R while man puts his bk of his R hnd on W's R back below R shoulder sd L / R while rotating M's rt hnd to his palm & sending the wom to LOD ; sd L bk into slot LOD, fwd R, fwd L, in plc R/L, R ; (fwd R, fwd L under jnd lead hnds, fwd R/ pivoting LF 1/2 / cls L, fwd R; fwd L comm trng LF, fwd & sd R completing trn to fc RLOD plc L/R, L;)

123&4;
567&8;

3-4 **{WHIP & FLIP}** Bk L, rec fwd & sd R moving to wom's R sd turning 1/4 RF to CP, sd L turning 1/4 RF/fwd R, sd & fwd L & on same track as L ft & while flipping to sdcar LOD; Fwd R wide outside ladies, sd L bk into slot, anchor in place R / L, R to LOP/RLOD; (Fwd R, fwd L turning LF 1/2 to CP, bk R close L to R, fwd R between M's ft turning 1/2 RF; sd&fwd L, bk R, in place L / R, L;)

5-8 2 HND LFT CIRC PASS ;; LFT SD PASS W/TUCK & ROLL XTENDED ;;

123&4;
567&8;

5-6 **{2 Hand Left Circle Pass}** Taking both hnds Bk L beh R join trailing hnds, sd & fwd R lead W fwd to man's L sd, raise jnd lead hnds over man's head small sd L/cl R, sd L man pass under jnd lead hnds (fwd R, fwd L toward man's L sd, trng LF 1/2 sd R beh man/XLIB, Sd & fwd R) end in man's wrapped pos W to man's R sd ; release trailing hnds bk R lead wom fwd, rec L raise jnd lead hnds to lead W 1.5 LF trn, anchor R/L, R (fwd L, fwd and sd R trng LF 1/2, (Anchor) in place L/R,L ;)

123&4;
567&8;

7-8 **{Left Side Pass with Tuck & Roll Extended}** OP fcg ptr and LOD - swvl 1/4 LF to COH sd L, swvl 1/4 LF to RLOD rec R, tch L to R, tucking wom into M lft sd stp L; fwd R, fwd L chng (Anchor) bk R under body/replace wt to L, sltly bk & replace wt to R; (OP fcg ptr and RLOD - fwd R, fwd L, swvl 1/4 LF to wall, while tucking into M lft sd, tch R to L, stp R; fwd L commence RF trn to LOD, fwd R complete trn, (Anchor) in place L/R, L;)

9-12 CUT OFF ;;

123&4;
567&8;
123&4;
567&8;

9-10 **{Cut Off}** Repeat measures 1-2 of **C**

11- **{WHIP & FLIP}** Repeat measures 3-4 of **C** to end **FCNG RLOD**

Repeat Part A to END FCNG RLOD
Part C (MOD) 1-8 TO END FCNG LOD
Repeat 'Part C (Mod) Meas 1-8 TO END FCNG RLOD

Part D

1-8 SURPRISE WHIP ;; UNDR ARM TRN TO TRIPPLE TRAVEL & ROLL ;;;, PUSH BREAK

;;

123&4;
567&8

1-2 **{Surprise Whip}** Bk L, rec fwd & sd R moving to W's R sd comm RF turn 1/4 to CP, sd L cont RF turn 1/4 rec fwd R, sd & fwd L complete 1/2 RF turn; chk fwd R CBMP turning upper body strongly to the R leading woman to turn sharply to the R & stopping wom with man's R hnd on wom's bk ending in an L-shaped SCP looking at prtnr, rec bk L raising jned lead R hnds, in place R / L, R; (fwd R, fwd L turning RF 1/2, bk R/close L to R, fwd R between M's ft turning sharply RF 1/2 keeping L leg close to R & under the body; chk bk L, rec fwd R turning RF under jned lead hnds to fac prtnr, in place L / R, L ;)

1&234;5
&67&8;
1&234;5
&67&8;1
&23&4

3-8 **{Tripple Travel & Roll ~ Push Break}** Bk L turning RF, fwd R turning RF, fwd L/close R, fwd L to R hnd star; sd R / close L to R, (fwd R, fwd L under jned lead hnds, fwd R/L, R turning LF to R hnd star; sd L/ close R, to L,) sd R/close L, sd & fwd R comm RF turn 1/4, fwd L cont RF turn 3/4, fwd R cont RF turn 1/2 [making a 1 1/2 turn] to a L hnd star sd L/close R, sd & fwd L comm LF turn 1/4, fwd R cont LF turn 1/2, fwd L cont LF turn 1/2 [making a 1 1/4 turn] to fac prtnr jn lead hnds; In place R/ L, R, (Sd L/close R, sd & bk R comm RF turn 1/4, fwd R cont RF turn 3/4, fwd L cont RF turn 1/2 [making a 1 1/2 turn] to a L hnd star sd R/close L, sd R turning 1/2 LF to a R hnd star, sd L/close R, sd L turning RF 1/2 to a L hnd star, sd R/close L, sd & bk R comm LF turn 1/4, fwd L cont LF turn 1/2, fwd R cont LF turn 1/2 [making a 1 1/4 turn] to fac prtnr jn lead h&s; in place L/ R, L, LOD) ~ taking both hnds bk L, bk R, leaning into each other L/R, L in place; R/L, R (opposite for wom) **FIN FCNG RLOD**

Repeat Part B
Repeat Part B FIN FCNG RLOD
Repeat Part C (MOD) Meas1-8 FIN FCNG RLOD
Repeat Part C (MOD) Meas1-8 FIN FCNG LOD

Part End

1-3 UNDR ARM TRN ~ SUG PUSH ;;;

123&4;5
&678;12
3&4

1-3 **{Underarm Turn ~ Sugar Push}** Bk L turning RF, fwd R turning rt fc, fwd L/close R, fwd L; in place R / L, R, (fwd R, fwd L under jnd lead hnds, fwd R/L, R turning LF; in place L/ R, L,) ~ bk L, bk R, touch L to R, fwd L; in place R / L, R, (fwd R, fwd L, touch R to L, bk R; in place L/ R, L,)

4-8 WHIP 3/4 TO WALL & LADY TO FAN (FCNG LOD) & SHK RT HNDS ;; RT SD PASS W/TUCK & ROLL & POINT TO SD ;;

123&
4;5,6,7&
8

4-5 **{Whip 3/4 to Wall & Lady out to Fan & Shake Right Hands}** Bk L, rec fwd & sd R moving to W's R sd turning 1/4 RF to CP, sd L turning 1/2 RF/fwd R, sd & fwd L; X R in bk of L turning 3/4 RF to fc WALL, sd L to L pos, rock sd R / rec sd L, rock sd R ladies to the fan pos shking R hnds; (fwd R, fwd L turning RF 1/2 to CP, bk R/close L to R, fwd R between M's ft turning 1/2 RF; bk L, bk R, in place L / R, L shking R hnds to fan pos;)

1234;
567&8;
1

6-8 **{Extended Right Side Pass w/Tuck & Roll & Point Side}** Rock sd L, rec sd R, tuck W in to M's L sd, ; M leading lady to LOD fwd R, fwd L, R/L, R; Point sd towards COH,,,,(from fan pos shking rt hnds lady fcng LOD fwd R, fwd L tuck (tch) in to man's L sd, fwd to LOD R, fwd L, roll R fc R, L fc RLOD bk L/R, L ; Point sd R to COH,,,,

HEAD CUES

PART INTRO

WAIT LOP/LOD NO HNDS;; S SD BRK ;
TOG, HIP BUMP, TRIPPLE APART TO LOP/LOD ;

PART A

WRP WHP W/SWTHRTS ;;;
XTNDED LFT SD PASS ;; UNDRM TRN ; - - KBCHG

PART B

S BK STP, -, FLAIR, - 2X ;;
UNDRM TRN ~ M'S UNDRM TRN ;;;

PART C

CUT OFF ;; WHP & FLIP ;;
2 HNDED LFT CIRC PASS ;;
LFT SD PASS W/TUCK & ROLL EXTENDED ;;
CUT OFF ;; WHIP & FLIP ;;

PART A

WRPED WHIP W/SWTHRTS ;;;
XTNDED LFT SD PASS ;; UNDRARM TRN ; - - KICK BALL CHNG

PART C MEAS 1-8

CUT OFF ;; WHIP & FLIP ;;
2 HNDED LFT CIRC PASS ;;
LFT SD PASS W/TUCK & ROLL EXTENDED ;;

PART C MEAS 1-8

CUT OFF ;; WHIP & FLIP ;;
2HNDED LFT CIRC PASS ;;
LFT SD PASS W/TUCK & ROLL EXTENDED ;;

PART B

SLW BK STP, -, FLAIR, - 2X ;;
UNDRARM TRN ~ MAN'S UNDRARM TRN ;;;

PART C MEAS 1-8

CUT OFF ;; WHIP & FLIP ;;
2 HNDED LFT CIRC PASS ;;
LFT SD PASS W/TUCK & ROLL EXTENDED ;;

PART C MEAS 1-8

CUT OFF ;; WHIP & FLIP ;;
2 HNDED LFT CIRC PASS ;;
LFT SD PASS W/TUCK & ROLL EXTENDED ;;

PART END

UNDRARM TRN ~ SUGAR PUSH ;;;
WHIP 3/4 TO FC WALL - LADY TO FAN & SHK RT HNDS ;
EXTENDED RT SD PASS W/TUCK & ROLL & PNT SD ;;